FPMO3077TF

MICROWAVE
30" BUILT-IN WITH CONVECTION

PRODUCT DIMENSIONS
- Height: 19"
- Width: 29-13/16"
- Depth: 23"

MORE EASY-TO-USE FEATURES
- **PowerSense™ Broil & Grill**
  Grill fresh or frozen pizza at the touch of a button.
- **PowerBright® LED Lighting**
  See the power. See the results in action. LED interior microwave light stays on while your dish cooks.
- **Keep Warm**
  Consistently keep your dishes warm, for up to 90 minutes, until everything and everyone is ready.
- **Drop-Down Door**
  Faster, easier access to what you are cooking with Drop-Down Door configuration.
- **Adjustable Timer**
  Now you can adjust the cooking time of your dish while it’s cooking. The adjustable timer allows you to add 30 seconds on the timer.

SIGNATURE FEATURES

**PowerPlus™ 2-in-1 Convection Oven or Microwave**
Get the great-tasting results of a conventional convection oven combined with the speed of microwave technology with the PowerPlus™ 2-in-1 Convection Microwave Oven.

**PowerSense™ Cooking Technology**
Results you can trust. PowerSense™ Cooking Technology automatically senses ideal time and power levels.

**Smudge-Proof™ Stainless Steel**
Resists fingerprints and cleans easily.

**PowerSense™ Auto Defrost**
Take the guesswork out of defrosting meat, poultry, or fish with PowerSense™ Auto Defrost.

AVAILABLE COLORS

Stainless

frigidaire.com
FEATURES
Control/Timing System Pro-Select®
Exterior Door Finish Smudge-Proof™ Stainless Steel
Handle Design Stainless Steel
Microwave Capacity (Cu.Ft.) 1.6
PowerPlus™ Convection Yes
Watts (IEC-705 Test Procedure) 1,000
Interior LED Light Yes
Interior Color Stainless Steel
Turntable Diameter 14-3/16”
Turntable On/Off
Control Lock Yes
Clock Yes
Touch Pad Buttons 28
Power Levels High (1-9)
Accessory Metal Rack Yes

MICROWAVE CONTROL OPTIONS
Popcorn Button Yes
Sensor Cook Button Yes
Sensor Reheat Button Yes
Broil/Grill Yes
Preheat/Warm Yes
Snack Button
Beverage
Melt & Soften Options 4
Auto Reheat Options
Snack Menu Options
Auto Cook Options
Auto Defrost Options 3
Multi-Stage Cooking Option Yes
Keep Warm Yes
Add 30 Seconds Yes
Sensor Cooking Options 5
Sensor Reheat Options 5
Vegetable Cook Sensor Yes
Delay Start
User Preferences Yes
Adjustable Timer Yes

POWER RATINGS
Frequency (MHz) 2,450
Watts @ 120 Volts 1,750
Amps @ 120 Volts 15.5

SPECIFICATIONS
Oven Interior (HxWxD) 9-27/32” x 16-1/2” x 16-1/2”
Power Supply Connection Location Right Top Rear
Voltage Rating 120V / 60Hz / 20A
Connected Load (kW Rating) @ 120 Volts1 1.75
Minimum Circuit Required (Amps) 20
Plug Type (NEMA) LCDI (5-20P)
Shipping Weight (Approx.) 100 Lbs.

For use on adequately wired 120V, dedicated circuit having 2-wire service with a separate ground wire. Appliance must be grounded for safe operation.

PRODUCT DIMENSIONS
A - Height 19”
B - Width 29-13/16”
C - Depth 23”

CUTOUT DIMENSIONS
Height (Min. - Max.) 17-3/4”-18”
Width (Min. - Max.) 28”-28-3/8”
Depth (Min.) 22”

Note: For planning purposes only. Always consult local and national electric, gas and plumbing codes. Refer to Product Installation Guide for detailed installation instructions on the web at frigidaire.com.
Specifications subject to change. Accessories information available on the web at frigidaire.com.
**INSTALLATION SPECIFICATIONS**

- **Product Shipping Weight (Approx.)** – 100 Lbs.
- **Voltage Rating** – 120V / 60 Hz / 20 Amps
- **Connected Load (kW Rating) @ 120 Volts** = 1.75 kW
  (For use on adequately wired 120V, dedicated circuit having 2-wire service with a separate ground wire. Appliance must be grounded for safe operation.)
- **Amps @ 120 Volts** = 20 Amps
- **Always consult local and national electric codes.**
- **Microwave can stand alone on countertop or be built in with optional 30" or 27" Trim Kit (ordered by individual part number) which includes Bottom Duct Assembly – shipped in separate box.**
- **Allow 21" minimum clearance for 90° door swing.**
- **Minimum 22" deep oven cutout dimension is critical for proper installation for oven and faceplate to fit flush against cabinet face to reduce convection oven noise.**
- **Consult local building code, in the event that cutout opening may be required to be enclosed with sides, ceiling and rear partition.**
- **Full oven base of solid plywood or similar material required, capable of supporting 155 Lbs.**
- **Base must be level and front of cabinet square for proper operation.**
- **Can NOT be installed above any gas wall oven.**
- **Built-In Microwave is approved to be used in combination with any Frigidaire® Electric Single Wall Oven and/or Warmer Drawer. (Refer to model-specific Combination Installation Specification pages on web.)**
- **When used in combination with another Frigidaire® built-in product, a minimum clearance of 2" is required from the bottom of the microwave cutout to the top edge of the companion product’s faceplate. Please refer to companion product’s installation instructions for cutout dimensions.**

*Note:* Cutout depth is critical to proper installation. Verify required cutout-depth dimension to ensure that oven trim fits flush against cabinet face to reduce convection oven noise.